
Director of Tintina Resources Inc. Resigns

Vancouver, BC – March 18, 2013 – Tintina Resources Inc. (“Tintina” or the “Company”) (TSX-V: “TAU”; OTCQX: “TINTF”) announces that Mr. Henry Park has tendered his resignation as a director of the Company, effective immediately, in order to devote time to manage his other commitments.

Raj Chowdhry said “We appreciate what Henry has contributed to the Company over the past two years and wish him all the best in the future.”

About Tintina Resources Inc.

Tintina Resources Inc. is a well-funded Vancouver based resource company focused on the development and mining of its 100% owned Black Butte Copper high grade copper project in central Montana, U.S.A. Black Butte Copper is the third highest grade copper deposit in development in North America, with M&I resources of 910 million pounds of copper (“Cu”) at a grade of 3.57%, and Inferred Resources of 388 million pounds of Cu at a grade of 2.67%. On August 31, 2012, the Company filed on SEDAR a Preliminary Economic Assessment (“PEA”) dated August 30, 2012 and titled “Technical Report and Preliminary Economic Assessment for the Black Butte Copper Project, Montana” for the Johnny Lee deposit on the Black Butte Copper property.

About Mining in Montana

Montana has been a mining state for a well over 100 years. Today, more than two dozen mining operations are active making mining a cornerstone contributor to the State’s GDP. Tintina has met with State regulators and looks forward to presenting the Black Butte Copper project as an underground mine with a small footprint located on private land. The project continues to benefit from broad local community support.

ON BEHALF OF THE BOARD OF DIRECTORS

“RAJ CHOWDHRY”

Raj Chowdhry, CA
Executive Vice Chairman & CEO

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