

TSX.V:TAU OTCQX:TINTF

Suite 2560 - 200 Granville Street PO Box 36

Vancouver, BC, Canada, V6C 1S4

Tel: (604) 628-1162 Fax: (604) 628-1163

Web: www.tintinaresources.com Email: info@tintinaresources.com

FOR IMMEDIATE RELEASE

January 16, 2014

NEWS RELEASE

Tintina Resources Clarifies Resource Figures

Vancouver, BC – January 16 – 2014 - Tintina Resources Inc. ("Tintina" or the "Company") (TSX.V:P "TAU"; OTCQX: "TINTF") wishes to clarify its news release issued earlier today.

The Johnny Lee copper deposit on the Company's Black Butte Copper Project contains measured resources of 2.66 million tonnes with an average grade of 2.99% Cu for 175 Million lbs of copper and indicated resources of 8.91 million tonnes with an average grade of 3.74% Cu for 735 Million lbs of copper.

Readers are encouraged to review the Updated Technical Report and Preliminary Economic Assessment for the Black Butte Copper Project, Montana dated July 12, 2013, which is available on SEDAR, for additional information.

ABOUT TINTINA RESOURCES INC.

<u>Tintina Resources</u> Inc. is a growth company focused on the exploration, development, and mining of its 100% owned flagship property, the Black Butte Copper project in central Montana, USA. The Company is led by a highly experienced executive management team that has a successful track record of building shareholder value through exploration, corporate finance, and mine development.

ON BEHALF OF THE BOARD OF DIRECTORS

"GERALD G. BOOTH"

Gerald G. Booth Interim CEO

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

Jerry Zieg, Vice President of Exploration for the Company, is a Qualified Person for the purposes of NI 43-101 and has also reviewed and approved the information of a scientific or technical nature contained in this news release.

<u>Cautionary Note Regarding Forward-Looking Statements</u>: Certain disclosures in this release, including resource estimates constitute "forward-looking statements" within the

meaning of the United States Private Securities Litigation Reform Act of 1995 and Canadian securities legislation. In making the forward-looking statements in this release, the Company has applied certain factors and assumptions that the Company believes are reasonable, including that the assumptions underlying mineral resource estimates are valid. However, the forward-looking statements in this release are subject to numerous risks, uncertainties and other factors relating to Tintina's operation as a mineral exploration and development company and the Black Butte Copper Project that may cause future results to differ materially from those expressed or implied in such forward-looking statements. Such uncertainties and risks include, among others, the risk of unexpected variations in mineral resources, grade or recovery rates. There can be no assurance that such statements will prove to be accurate, and actual results and future events could differ materially from those anticipated in such statements. Readers are cautioned not to place undue reliance on forward-looking statements. Tintina does not intend, and expressly disclaims any intention or obligation to, update or revise any forward-looking statements whether as a result of new information, future events or otherwise, except as required by law.